

LEG MARKING CHART

Cat 1	
Men 13-18	11
Men 19-29	12
Men 30-39	13
Men 40-49	14
Men 50 Plus	15
Women 19-39	W11
Women 40 plus	W14
Cat 2	
Men 13-15	20
Men 16-18	21
Men 19-29	22
Men 30-39	23
Men 40-49	24
Men 50 Plus	25
Women 19-39	W21
Women 40 Plus	W24
Single Speed	SS
Clydesdale	XL
Cat 3	
Men 13-15	30
Men 16-18	31
Men 19-29	32
Men 30-39	33
Men 40-49	34
Men 50 Plus	35
Women 19-39	W31
Women 40 Plus	W34